Greetings! It has been another busy year for everyone at WATCH with new construction, a variety of activities, and work contracts with Briggs & Stratton and Pella Corporation.

One of our most exciting projects this year was the purchase of the lot next to our gym on North 7th Street in November, 2018. This allowed for construction of a private driveway connecting 7th Street to our back parking lot for our forklift to transport parts safely from building to building, beautifying the vacant 7th Street lot and building a warehouse for shipping and receiving parts from Briggs and Stratton and Pella to help keep our existing buildings clear of clutter from all the excess parts.

A new power reclining sofa, love seat and end tables for the workshop in the 702 Main Street building were delivered after receiving a grant from the Honorable Order of Kentucky Colonels. The grant also allowed us to repair/replace damaged asphalt, seal, and re-stripe the 702 Main Street parking lot surface. In September of this year, we were awarded a grant in the amount of $7,583.02 that will be used to purchase a sound system to be installed in the WATCH Gym.

We would like to thank Calloway County Judge Executive, Kenny Imes, who donated 2 UK basketball tickets as a fundraiser for WATCH. Shelly Hudson was the winner of the tickets with a $250.00 donation.

Our Annual Thanksgiving luncheon was combined with the WATCH Board of Director’s meeting, and was catered by Sirloin Stockade. A donation from Tim and Rhonda Williams paid for the meal for approximately 80 people.

In December, Sinking Spring Baptist Church held their 35th annual Christmas Shopping Spree for the individuals at WATCH to choose gifts for their family members/caregivers. After selections were made from over 100 gift choices, the gifts were wrapped and placed under the Christmas tree in the WATCH gym.
Our 70's theme Christmas party was a huge success as we boogied to tunes provided by DJ Brad Billington. Food trays were paid for with a donation from Tim and Rhonda Williams. Clara Orr made her traditional punch as she has for the past 35 or so years! Doug Mullins returned as “Sanny Claus”, and we were joined once again by the clownering team of Pop Doc and Stitches (aka John & Noreen Thompson). Everyone is welcome to join us this year at the WATCH gym on 7th Street on December 10 @12:00 for a Merry Grinchmas party.

In January 2019, WATCH staff began using a program called Oasis to digitize our charts. It was a lot of hard work to get everything running like we wanted, but we absolutely love Oasis and how it has made our jobs a little easier. We also love that since digitizing our charts we are spending less money on paper and ink for printers.

Also, in January we were fortunate to receive a donation from Gary and Becka Howorka to have surge protectors installed in the breaker boxes in each building. This will protect our surveillance and security system as well as our other electronic devices from power surges.

In March, we welcomed local author, and friend of WATCH, Linda Fay Clark. Linda visited the gym for a reading and discussion of her new book "Coming Home to Wiswell". The book was delightful and is available for purchase on Amazon.com. We had the pleasure of listening to Linda talk about her childhood and read some selections from her book. Linda also signed copies of her book and answered questions about her childhood. A few days later Linda returned with some baby chicks so participants could see them up close and personal. On March 1, several participants and staff volunteered to make the traditional first Dairy Queen visit of the season and bring back some delicious treats for the rest of us.

In April, community activities at WATCH included attending The Watershed Sustainability Festival at the Arboretum. This event featured a series of informational activities geared toward introducing community members to specialists in the field of water conservation. This year participants and staff volunteered to stuff Easter eggs with pet treats for the Easter Bone Hunt sponsored by the Calloway County Humane society. We always enjoy giving back to our community! We also had the opportunity to go to Zofest, which is put on by the biology department at Murray State University. A visit to the science campus gave everyone a chance to interact with the animals that star in the research being done by faculty in the biology department at MSU. We also attended Tater Day in Benton, with lunch at Hutchens BBQ, and a few games of putt-putt at Treasure Golf in Murray. Our annual ABI site review occurred in April. Once again we had an excellent review and did not receive any citations.

Another fun and educational activity we participated in during April was going to Paris landing to tour the Nina & Pinta and to have lunch. It is amazing to tour those ships and it really helps history come to life.

In May, WATCH was the recipient of $500 in grant funding from Walmart. The funds were used in the renovation of a kitchen area located in the workshop in the 702 Main Street building. We installed a tile backsplash, a new countertop and a new large sink and faucet. Lowe’s sold us all of the items needed for the renovation at a much discounted price.

Adam and Hunter from West KY Rural Electric stopped by to talk to us about power line safety and gave us an outdoor demonstration. It was a great demonstration and ended with popcorn flying across our parking lot!

Work began in May on our vacant lot beside the gym on 7th street. The lot was leveled and the hill adjoining our existing parking lot was sloped to make mowing easier and to improve the aesthetics. Some damaged drain pipes from the gym had to be dug up and replaced and we paved a cut through road from 7th Street to our existing parking lot for our forklift.
Last but not least, we had to have several trees cut and then we began excavation work, and had concrete poured in order to have a 24’x36’ warehouse built to accommodate in-coming and out-going parts for our contract work.

**June** activities included attending Special Needs Day, sponsored by the Calloway County Fair, Arts and Crafts Father’s Day projects, raised bed gardening at the center, attending The Murray Bank’s 20th Anniversary cookout, and a trip to Shaffer’s Coffee. We also visited the Murray Fire Department to see “the big red one”, attended the Blueberry Bash in Paducah, and bought some delicious peaches from the Peach Truck. Our Warehouse was finally completed and ready for use by the middle of the month. We were thrilled to begin clearing out boxes of parts from the Annex.

In **July**, WATCH added several new services. In addition to Day Training, we are now providing Adult Foster Care, Michelle P. Respite, Community Living Supports (CLS), Personal Assistance (PA), and Community Access. We are very excited for the additions and look forward to any questions you may have regarding these services. Our plan is to stay the same small business we have always been but to slowly add services that benefit our existing participants if the need arises.

In **August**, we attended the ribbon cutting for phase 2 of the accessible playground at the Calloway County Park, followed by a picnic. We also took a ride to Aurora to cool off with some New Orleans Style Cajun Sno-Balls Shaved Ice, and visited The Hitching Post where they sampled numerous old time sodas.

**October** activities included Fall on the Farm, hosted by Hutson School of Agriculture, participation in Puzzle Palooza at the Calloway County Public Library, a trip to Amazing Farm, Best Buddy Halloween party, and a trip to the Carson Center in Paducah to see “Reza, Edge of Illusion” with lunch after the show.

**2019** also brought us the addition of five wonderful staff members. Kirby Ford was hired in February, Kassidy Maierhofer joined us in April, Donna Dick and Samantha Wisehart began working with us in September, and Paul Driver joined the team in October. We are extremely fortunate to have these exceptional employees as part of our WATCH family. If you have not met them, please stop by any time and we will be happy to introduce you!

It is impossible to list all of the outings and activities that were planned over the past year by our exceptional Activities Coordinator, Jodie McCall. Some favorites throughout the year were weekly arts and crafts and cooking class with the Yoder family, weekly exercise class with Brittany Griggs, weekly bowling at Corvette Lanes, Music and dancing the first Monday of each month with Sue and Richard Dennis, Zumba at Murray State Wellness Center, Best Buddies activities with Murray State Students, the Cooking Through the Calendar program offered by the Calloway County Extension Office where community members learn to make a new dish and then get to sample a new recipe each month, a visit to Sweet Jordan’s Bakery in Paris, TN, trips to LBL and Belew’s in Aurora, and a tour of the Calloway County Jail.

Horticulture class is always a favorite activity at WATCH. DSP Kassidy Maierhofer, worked with participants to get our raised beds planted, and taught about different types of soil, and how to care for vegetable plants. Kassidy also teaches a nutrition class as well as a reading class each week with their first book being Charlotte’s Web.
We sincerely appreciate each and every donation that is made to the center, no matter how large or small. Your donations help to keep us operational and enable us to provide a variety of services to the 59 developmentally/intellectually disabled adults who attend. We are so very blessed to live in such a generous, caring community. If you are unable to make a monetary donation, there are several other ways you can help support WATCH, Inc.

Aluminum cans may be dropped in the cotton wagon parked on the west side of the building in the driveway off Main Street for recycling.

We have also become members of the Kroger Community Rewards Program. To use the Kroger Community Rewards Program simply visit http://www.kroger.com. Once logged into your Kroger account you can search for WATCH Inc. either by name or AT820, and then click Enroll. New users will need to create an account which requires some basic information, a valid email address and a rewards card. Customers must have a registered Kroger rewards card account to link to our organization. If you do not yet have a Kroger rewards card, they are available at the customer service desk at any Kroger. REMEMBER, purchases will not count for our organization until after you register your rewards card, and designate WATCH as your preferred organization. You must swipe your registered Kroger rewards card or use the phone number that is related to your registered Kroger rewards card when shopping for each purchase to count.

You may also select WATCH as your preferred charity when shopping on Amazon.com, which allows a percentage of your purchase amount to be donated to the center. To participate in this program you must place orders using the www.smile.amazon.com web address, or link your account to WATCH as your preferred charity. Instructions on using the Amazon smile program are stated on the Amazon.com website.

We would like to thank everyone who has given us their support, time and talent throughout the year, and we want you to know that you are appreciated by all of us at WATCH. Please feel free to drop by the center to visit any time, we love visitors!! May the New Year bless you with health and happiness!!

Below are some of the friends that we have lost since the last newsletter. We offer our deepest sympathies to their families.

Belinda Coughenour  James Weathers Sr.  Linard Hill  Ross Talley  Mary Lee Ramsey  James Baker Sr.

Ron Wuest  William “Dale” Klobe  Peggy Carraway  Verta Boyle  John “Ricky” Woodall  Rhonda Johnson

Betty Thompson  Brent Harralson  Tommy Wallace  Kimberly Payne

Forever in our hearts
Comments:

- Was not satisfied with services from ****
- Thanks for your support.
- WATCH staff are extended family members to this family. Each staff member goes above and beyond what is expected of them. The beautiful facility is home away from home for J. Thank you all for a great job!
- The staff at WATCH are professional and caring. Our family is very fortunate to have WATCH in the area. The people at WATCH are wonderful.
- You guys are great!! Love what you do!!
- The services offered by WATCH are exceptional. They are like extended family.
- The staff is really wonderful.
- We feel blessed to have WATCH in our community.
- WATCH is an awesome place. All the staff are so caring and friendly.
- More satisfied with services now with promotions in the last year and the elimination of negative staff. The only thing I can think of is offer exercise class more often. He misses it every time when it is offered. I understand and of course if he were there every day he might not do much.
- Wonderful place for our daughter, caring staff.
- A great place
- B. really enjoys WATCH.
- Both A. and I love WATCH. We have been very satisfied
- I have to recommend people from out of state to WATCH. Staff has been helpful. My only suggestion would be to inform and introduce new staff and their role.
Scenes Around The Center
You’re Invited to the WATCH GRINCH-MAS PARTY!!

Tuesday, December 10

FROM 12:00-2:30
In the WATCH Gym
107 North 7th Street; Murray KY

BRING THE WHOLE FAMILY!

Free Food! Free Drinks! Free Fun!

Music provided by
Brad Billington